

Available for In-Studio Interview...

What Can You Do If You Are Among the 80 Percent of Americans Suffering From A Chronic Condition That Can't Be Diagnosed?

According to the American Journal of Medicine, more than **80 percent of all Americans suffer from symptoms for which their doctors can find “no discoverable organic cause”**. 90 million Americans even suffer from more than one chronic illness. **What can you do when you have a chronic condition that can't be diagnosed?**



According to Misa Hopkins, bestselling author of *The Root of All Healing*, “the solution is to **get more involved in our own healing**”—something she knows first hand.

Hopkins suffered with a rare chronic condition that went undiagnosed for 7 years, all the while feeling depressed and helpless. As a 28-year old woman, she was finally given a diagnosis: her body was producing as much testosterone as a teenage boy. While medication eventually helped, her real breakthrough came when she explored the emotional roots of her illness. “I uncovered childhood sexual abuse that caused my subconscious to think it was safer to be a man than a women... and my body followed along.” Hopkins isn't alone: 70 percent of all primary care visits have a psychosocial component.

Since healing, Hopkins has been inspired to study and document what other people with chronic, undiagnosable, and “incurable” illnesses do to heal—with or without the help of a doctor. From 20 years of these observations, Hopkins shares simple things that anyone can do to make the difference in their own healing.

HEALS Formula to Empower Your Own Healing

- Have Personal Commitment
- Explore Emotional Roots of Illnesses
- Adopt a Less Stressful Lifestyle
- Live in Compassion
- See Yourself Beating the Odds

FREE GIFT > Beating the Odds: 10 Beliefs That Can Short Circuit Your Healing



Misa Hopkins—“America’s Breakthrough Healing Coach”—is the bestselling author of *The Root of All Healing: 7 Steps to Healing Anything*. After taking personal responsibility and having her own healing breakthrough, she has subsequently empowered over 5000 clients to make the difference in their own healing.

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